MBIS
MENTAL HEALTH COUNSELING

MIND-BODY AND INNER-SELF
MENTAL HEALTH COUNSELING PLLC

Corporate Profile & Partnership Prospectus

Supporting Mental Wellness. Strengthening Communities.

An invitation to employers, agencies, unions and community referral partners.

www.mbisservices.com

OCTOBER 2026 / PARTNERSHIP EDITION

02 / WELCOME TO MBIS

A shared commitment to well-being.

MBIS brings counseling, specialized assessments and community engagement together around a whole-person view of wellness. Our mission connects healing of the mind, body, spirit and soul with support for emotional distress and trauma recovery.

Our philosophy is rooted in individualized care, safety and collaboration with the people and communities we serve. Our community-centered mission has guided MBIS since 2008.

EXPLORE THE PROSPECTUS

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Mission and organizational overview | MBIS website

03 / WHO WE ARE

People, purpose and clinical leadership.

A counseling practice shaped by clinical experience and community connection.



Felicia Ivey-Toure

PhD, LMHC
Clinical Director & CEO



Marie N. Gelin

MSW, LMHC
Chief Operating Officer
& Clinical Supervisor

Felicia brings more than 25 years of experience in substance dependence disorders, alongside work as an organizational administrator, adjunct professor, corporate trainer and clinician. Her work reflects a sustained commitment to developing teams and engaging community stakeholders.

Marie brings more than 25 years of experience in mental health and substance dependence care. Her approach emphasizes empathy, client-driven goals and a nonjudgmental space, drawing on cognitive behavioral, solution-focused and motivational interviewing techniques.

> **Our commitment**
>
> Care begins with listening, understanding the person's needs and discussing an appropriate clinical pathway.

Leadership profile | Felicia Ivey-Toure

Leadership profile | Marie N. Gelin

04 / OUR COUNSELING SERVICES

Support for life's most human challenges.

Individual, couples, family and group services create multiple ways to connect with support.

01 **Emotional health**

Support areas include anxiety, depression, stress, grief, coping skills and self-esteem.

02 **Relationships and family life**

Counseling addresses relationship concerns, family conflict, parenting, divorce and marital or premarital challenges.

03 **Trauma, adjustment and recovery**

Clinical specialties include trauma and PTSD, addiction, substance use and military adjustment.

04 **Learning and connection in groups**

Group programs include anger management, youth problem-solving and parenting education, alongside trauma-focused offerings. Ask about current groups and enrollment.

Find the right fit

Contact MBIS to discuss the presenting concern, preferred format and current availability. Confirm group enrollment and scheduling directly.

Counseling scope | Clinical Services
Group programs | Groups
Individual, couples and family care | Marie N. Gelin

05 / EMPLOYEE MENTAL HEALTH & WELLNESS

Healthier people. Stronger workplaces.

A starting point for conversations about employee support.

Work demands can intersect with stress, relationships, emotional health and substance use. Our clinical service areas include employment concerns, career counseling and stress. Corporate seminars offer another starting point for organizational support.

PRIORITIES TO EXPLORE TOGETHER

01 Workplace stress and burnout

Discuss support needs around sustained pressure, emotional exhaustion and coping.

02 Work-life balance

Explore the pressures employees face across work, caregiving and family responsibilities.

03 Employee well-being

Consider how voluntary counseling referrals and educational conversations could complement an organization's existing resources.

> **Build around your workforce**
>
> These are proposed planning themes. Seminar topics, delivery format, clinical availability, fees and any employer-sponsored arrangement should be agreed with MBIS.

Employment concerns and stress | Clinical Services

Corporate seminars | MBIS website

06 / SPECIALIZED SERVICES

Focused expertise. Clearer next steps.

Specialized services can complement a broader counseling or referral pathway.

01 Employee assistance support

Our leadership includes EAP provider Marie N. Gelin. Employers and EAPs can contact MBIS to discuss referral fit and a proposed service arrangement.

02 DOT / Substance Abuse Professional services

MBIS provides SAP evaluations following DOT alcohol or drug program violations, with recommendations for treatment, education, follow-up and aftercare. The service includes an initial evaluation and a follow-up evaluation.

03 Additional assessment and family services

Services include New York DWI/DUI assessments; forensic evaluations for immigration, employment and other legal contexts; and therapeutic supervised or monitored visitation.

Match the service to the requirement

For a mandated assessment or visitation referral, discuss the requesting party's requirements, deadlines, documentation and service scope with MBIS before scheduling.

EAP experience | Marie N. Gelin
DWI/DUI assessments
Therapeutic visits
DOT/SAP services
Forensic evaluations

07 / CORPORATE & GOVERNMENT PARTNERSHIPS

Connect your organization with a care partner.

An invitation to employers, agencies, HR teams, unions and employee assistance programs.

Our counseling services, specialized assessments and community engagement provide a foundation for practical collaboration. A partnership conversation can begin with one defined need and a clear point of contact.

01 **Employers and HR departments**

Explore counseling referral options and corporate seminars that complement existing employee resources.

02 **Government and community agencies**

Discuss appropriate service referrals and how to coordinate an introduction for individuals or families.

03 **Unions and EAPs**

Consider a referral relationship for members and families, including discussion of specialized assessment needs.

> **Shape the arrangement together**
>
> Potential models are invitations for discussion. Scope, eligibility, funding, responsibilities and any reporting expectations require a separate agreement.

Community engagement | Community Partners

Corporate seminar inquiries | Contacts

08 / SUPPORTING PUBLIC SERVICE PROFESSIONALS

Care for the people who keep communities moving.

Transit, sanitation and other public-sector workforces bring distinct needs to a partnership conversation.

Felicia Ivey-Toure has worked to raise mental health awareness among unionized and public service workers. Her work has led to referrals from transit workers, their families and UAP counselors.

Sanitation and other agency workforces are prospective audiences for collaboration. Each conversation should begin with the actual needs of the workforce and the services MBIS can make available.

01 **Understand the work context**

Discuss shift patterns, exposure to stressful events and the pressures employees identify.

02 **Include family and adjustment needs**

Explore referrals where work concerns intersect with relationships, life transitions or recovery.

03 **Clarify specialized pathways**

Where relevant, discuss counseling separately from any required assessment process and confirm which service is appropriate.

Public service and transit experience | Felicia Ivey-Toure

09 / CLINICAL EXCELLENCE & PROFESSIONAL DEVELOPMENT

Investing in clinicians. Supporting thoughtful care.

Clinical leadership, supervision and continued learning underpin the partnership conversation.

01 Clinical supervision

Felicia provides direct supervision to residents and students completing final clinical hours for licensing, including students from SUNY Buffalo, New York University and Alfred University.

02 Training experience

Her background includes corporate training, curriculum training, organizational supervision and compliance management. Marie also serves as a clinical supervisor.

03 Practice approaches

MBIS lists training in prolonged exposure therapy, Trauma Systems Therapy and Rational Emotive Behavior Therapy. Marie brings an integrative, client-driven approach to care.

Quality expectations to discuss

During onboarding, agree how clinical fit, clinician authorization, supervision, service concerns and partner communication will be addressed. Request any credential documentation needed for your organization's review.

Supervision and training | Felicia Ivey-Toure

Published training and credentials | MBIS website

Clinical supervision and approaches | Marie N. Gelin

10 / OUR SERVICE REACH

Local connection. A wider conversation.

New York, New Jersey, Connecticut and Florida.

With offices in New York and virtual service options in New Jersey and Florida, MBIS welcomes inquiries across the four states below. Contact us to confirm the appropriate clinician, service and delivery format for your location.

New York	Office locations in Kew Gardens, Queens, and Staten Island.
New Jersey	Virtual services, subject to clinician authorization and availability.
Connecticut	Agencies and prospective clients can inquire about clinician authorization and the appropriate service pathway.
Florida	Virtual services, subject to clinician authorization and availability.

Confirm availability before referring

Service reach varies by clinician, service, client location and applicable authorization. Confirm telehealth eligibility, payment arrangements and current capacity directly with MBIS.

States and office details | Contacts

Virtual service description | Clinical Services

Published Connecticut credential | MBIS website

11 / HOW TO PARTNER WITH MBIS

Start with a conversation. Build a clear referral pathway.

A suggested onboarding sequence for a new partner relationship.

01 **Introduce your organization**

Contact MBIS with your organization type, the population you serve and the support you would like to explore.

02 **Confirm fit and access**

Discuss service type, clinician availability, location or telehealth eligibility, fees and any payer or authorization requirements.

03 **Agree how referrals will work**

Identify contacts, scheduling steps, documentation requirements and the way the individual will connect with MBIS.

04 **Agree confidentiality and coordination**

Before exchanging client information, confirm the appropriate secure channel, consent or release requirements, and what updates may be shared. Define any employer or agency reporting boundaries.

Referral and billing inquiries

Contact cdougan@mbisservices.com for billing services and referrals. Begin with a general inquiry and arrange the appropriate intake channel before sending sensitive records.

Referral contact and general inquiries | Contacts

12 / CONTACT & CLOSING INVITATION

Let's strengthen your support network.

Connect with MBIS to discuss referrals, employee support or a partnership proposal.

www.mbisservices.com

General inquiries: info@mbisservices.com

Referrals: cdougan@mbisservices.com

Clinical inquiries: FeliciaIvey@mbisservices.com

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Scan to visit MBIS

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Prepared from MBIS website pages reviewed October 23, 2026. Service and partnership details are subject to direct confirmation.

Contact information | MBIS Contacts